

Additional Benefits with Questco's UHC



Additional Benefits to using Questco's UHC

Click <https://welcometomyuhc.com/demo/choice-plus-demo/> then "Sign In" to access UHC's interactive member experience demo. The demo experience is built broadly to showcase the wide array of tools and resources available to members within myuhc.com and the UHC mobile app. ***Please note, these demos are built with fictitious data. There is no member, provider or network data included in the demo site.*

CLICK [here](#) for a video summary of the additional Benefits to using Questco's UHC.

Additional Programs & Services (available through www.myuhc.com):

- CLICK [Advocate4Me](#) – when employees and their covered family members need help with their health or health plan, UHC advocates provide personalized guidance.
- CLICK [Behavioral Virtual Care](#) – using behavioral health virtual visits, you can talk confidentially to a psychiatrist or therapist without leaving your home.
 - CLICK [The importance of quality behavioral care](#) to view video
- CLICK [Employee Assistance Program](#) – if you need guidance navigating mental health, financial or legal concerns, take advantage of the Employee Assistance Program (EAP) for 24/7 support.
- CLICK [Peloton & Apple Fitness +memberships](#) – UnitedHealthcare plans include 1 year of Peloton App & Apple Fitness + Membership. Access to on-demand workouts on iPhone, iPad and Apple TV, with new workouts and meditations added every week.
- CLICK [Quit For Life®](#) – Quit For Life® is a clinically proven tobacco cessation program that uses physical, psychological, and behavioral strategies designed to help employees overcome their nicotine dependency.
- CLICK [Rally](#) – can offer small steps for a healthier lifestyle and help you earn rewards along the way.
- CLICK [Real Appeal](#) – UnitedHealthcare wellness programs and tools are designed to encourage healthier behaviors and improved health outcomes through online resources and personalized support.
 - CLICK [Real Appeal](#) to view video
- CLICK [Virtual Visits](#) – are designed to help employees stay healthy and productive, offering a convenient way to get 24/7 care.